



55% of NourishPHX's clients were new in 2023, like Maria.
Read more about this proud grandma inside.

NourishPHX Rises to Challenge of a Tough Year

The latest numbers are sobering. **Hunger in the United States spiked in 2022 after a decade-long decline**, according to a new report from the U.S. Department of Agriculture.

The report says over 44 million people — including 13 million children — lived in households that struggled to get enough food. That's up from nearly 34 million people from 2021.

The report doesn't explain why. But I can tell you NourishPHX clients are burdened by sharp increases in housing, grocery, and health care costs. At the same time, pandemic-related hikes in benefits like the Supplemental Nutrition Assistance Program (SNAP) ended in 2023.

Food pantries like ours are the next line of defense. Inside this report, you'll see **we also saw declines in giving in 2023 as demand rose**. In-kind food donations were down as grocery stores bought less inventory. And individual and corporate giving fell, a trend felt across the nonprofit sector, as folks felt uncertain about the economy.

How did NourishPHX respond? We tightened our belts and did more with less.

When we had a chance to merge two staff positions, we took it. When our 40+ community partners offered services — from free haircuts to financial education — we welcomed them with open arms. This resourcefulness allowed us to boost programs in 2023, giving our clients new tools in their fight for self-sufficiency.

After a tough year like 2023, I'm deeply grateful for faithful supporters like you. **We never could have helped over 20,000 of our neighbors thrive without your generosity.**

Thank you for your compassion,



Beth Fiorenza
Executive Director

By the Numbers: Your 2023 Impact

YOUR GIFTS TO **NOURISHPHX...**



SERVED

20,820 individuals (unduplicated)
21% increase year-over-year



HELPED

163 families register for SNAP
20% decrease year-over-year



AIDED

75 people through SNAP to Work
program / \$27,305 in support to
further work opportunities



PROCESSED

3 million pounds of donated food,
down 12% from 2022 / 448,637 pounds
of clothing, down 16% from 2022



MANAGED

96 programs & partnerships
Up 33% from 2022



SUPPORTED

2,587 volunteers
\$460,000 Total value of volunteer hours



Maria attends her eldest granddaughter's high school graduation.

Grandma Receives Vital Health Care, Thanks to You

Being a grandparent is one of the special joys in life. But for Maria, health issues and the rising cost of treatment sometimes kept her from fully enjoying her role as grandma to her three granddaughters.

A few years ago, Maria became sick at her job in Phoenix. Doctors diagnosed her with vertigo and epilepsy.

Unable to return to full-time work, Maria found a job as a house cleaner. But she didn't have health insurance and her adult children weren't in a position to help her.

Thanks to caring donors like you, she learned about NourishPHX at her church. **She first came**

to our facility last year to supplement her income with food boxes and clothing. In talking with Erica, our SNAP coordinator, Maria revealed she'd also been living with the pain of a broken elbow and dislocated knee.

Erica helped Maria sign up for AHCCCS, Arizona's Medicaid agency. **The proud grandma is now receiving much-needed therapy for her elbow and knee.**

That's allowed her to better keep up with her active granddaughters and have a healthier outlook for her future.



Rise and Shine!

On October 22, 2024, we'll celebrate all the ways YOU help end poverty through NourishPHX. That's right! Our Beyond the Pantry Breakfast is back, so save the date and get ready to be inspired.

INSIDE: Your 2023 Donor Impact Report



About

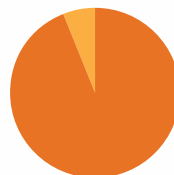
NourishPHX is the trusted community hub serving vulnerable individuals and families by offering resources to satisfy immediate needs and providing pathways to self-sufficiency. With your help, we're giving hope and dignity back to the working poor in Phoenix.

Contact

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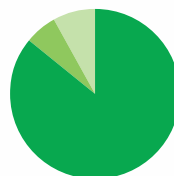
*Nourish PHX is a 501(c)(3) organization.
Tax ID #86-0401223 QCO Code 20385*

Your 2023 Generosity at Work



Expenses*

- Program (94%)
- Administrative (6%)



Revenue*

- Donated Goods & Svcs. (86%)
- Individual Gifts (6%)
- Corp./Government (8%)

**Based on unaudited figures as of 03/27/24*